Welcome to the Northern ACEs Collaborative (NAC)

October 2024 Rural Resilience Innovation Hub Convening

Tuesday, October 22, 2024
10:00am – 3:00pm
McConnell Foundation – Redding, CA

Welcome In

Kathryn Stewart, MPP

Population Health Innovation Lab (PHIL)

Thank you to our generous sponsors!

The Population Health Innovation Lab provides innovative training, research, and technical assistance designed to catalyze and accelerate community efforts aimed at enhancing equity, well-being, and systems through cross-boundary collaboration.

The **Northern ACEs Collaborative** (NAC); Mission, Vision, and Goal

VISION: All Northern California residents have everything they need to live resilient and happy, healthy lives.

MISSION: NAC brings together rural Northern California champions to address trauma and promote resilience in the region through a collaborative approach of building relationships and sharing, learning, examining, and generating new ideas.

GOAL: Increase the capacity of rural Northern California champions to address trauma and promote resilience to improve the health of the communities they serve.

Land Acknowledgment

The Population Health Innovation Lab team respectfully acknowledges that we live and operate on the unceded land of Indigenous peoples throughout the U.S.

We acknowledge the land and country we are on today as the traditional and treaty territory of the Native American, Alaska Native, and Tribal nations who have lived here and cared for the Land since time immemorial. We further acknowledge the role Native American, Alaska Native, and Tribal nations have today in taking care of these lands, as well as the sacrifices they have endured to survive to this day.

Agenda for Today

- Welcome, Agenda, & Housekeeping

- Framing for the Day

- Musical Networking

- The Children and Youth Behavioral Health Ecosystem

- Open Space Technology

- Exploring the Local Ecosystem of Care

- Action Planning

- Harvest & Wrap-up

Convening Objectives

- **Create a collaborative space** for networking, knowledge sharing, and best practices to address trauma and promote resilience.

- **Facilitate generative dialogue and inspire actionable solutions** aimed at addressing trauma and fostering resilience.

- **Strengthen capacity for local engagement efforts** that address trauma and build community resilience.

- **Shape and inform the service offerings** of the Rural Resilience Innovation Hub through shared insights and collective action.

Housekeeping & Announcements

- Introductions: PHIL Staff and NAC Steering Committee Members

- Venue Logistics

- Convening Logistics and Programming

- We want to hear from you! Please use the marker, sticky notes, and flip charts throughout the venue to share your thoughts.

NAC Strategic Approach

- NAC will serve as a **Rural Resilience Innovation Hub** for hosting generative dialogue, disseminating on-point, innovative information, and facilitating action to address trauma and promote resilience.

- NAC will continue with a **Regional Approach**

- NAC recognizes that there are **Multiple Realms of Trauma and Opportunities for Resilience**

NAC Objectives

- **SHARE & LEARN:** Maintain opportunities for collaboration and support continued sharing of knowledge, stories, and best practices to address trauma and promote resilience.

- **GENERATE:** Host generative dialogue and facilitate action to address trauma and promote resilience.

- **ADAPT & EXPAND:** Maintain governance structure to support and steer the collaborative while allowing for adaptation and flexibility in NAC's future. Intentionally identify and connect with champions to invite in, including all professional and community roles.

Rural Resilience Innovation Hub Timeline
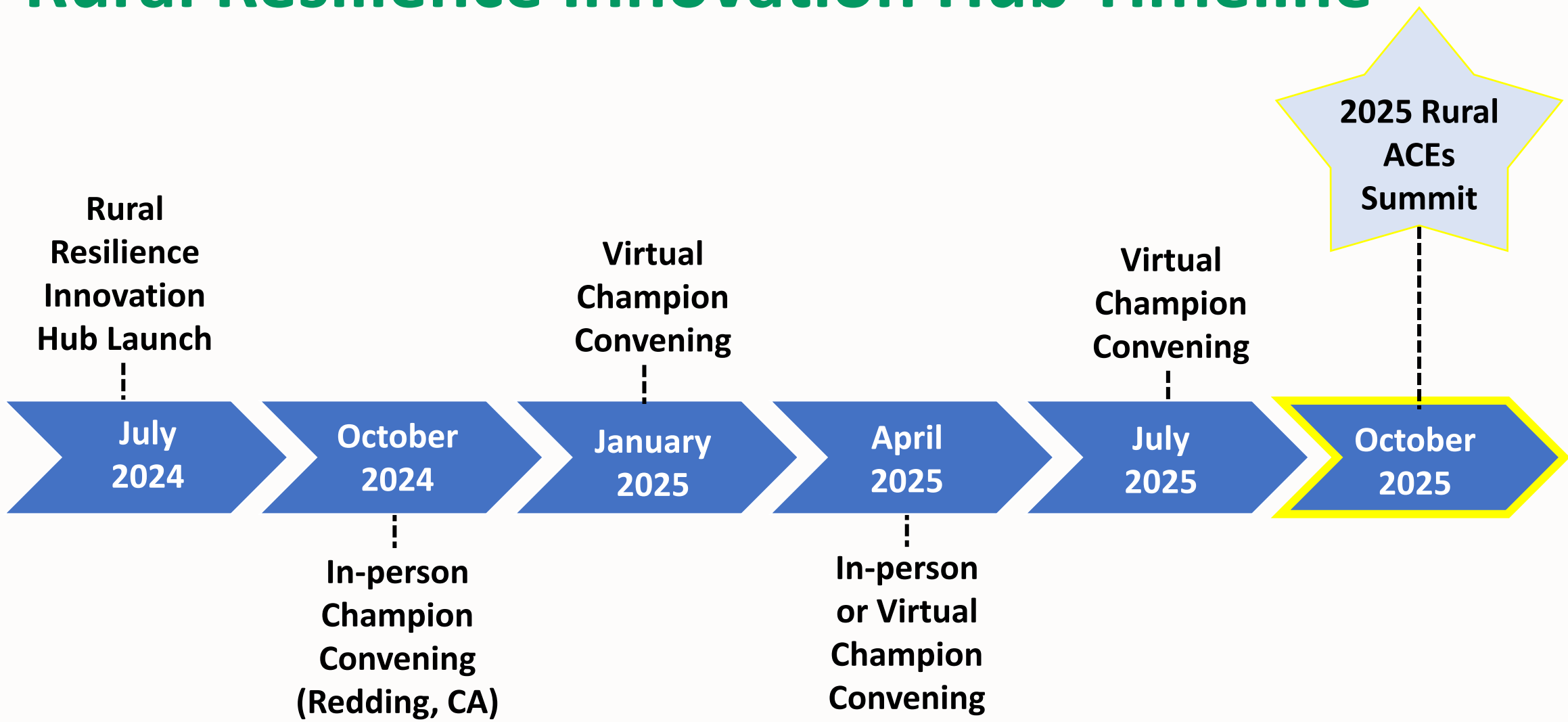
July 2024 Champion Convening: Exploring State Initiatives that Address Trauma and Build Resilience in Local Communities

CalAIM: PATH CPI

Children & Youth Behavioral Health Initiative (CYBHI)

Safe Spaces

Community Schools

Experts Joining Us Today

ACEs Aware + Safe Spaces

- **Rachel Gilgoff, MD** *Advisor to ACEs Aware*

CalAIM: Medi-Cal Transformation

- **Amanda Smith, MPH** *Partnership HealthPlan*

- **Tim Sharp** *Partnership HealthPlan*

- **Tammy Chandler, MPH, MBA** *PHIL*

- **Kathryn Stewart, MPP** *PHIL*

California Community Schools Partnership Program

- **Rosemary Mitchell, EdD, MSW** *North Star Center Shasta County Office of Education*

Children and Youth Behavioral Health Initiative (CYBHI)

- **Jason Willis, MA** *University of the Pacific*

- **Michael Lombardo, MA** *Human Services and Education Advisor*

Musical Networking

Sue Grinnell

Population Health Innovation Lab (PHIL)

Musical Networking Instructions

Stand Up

Music Starts

- **Move around the room.**

Music Stops

- **Find a person to partner with**
- **Take turns with introductions and answering the question**

Repeat x 4
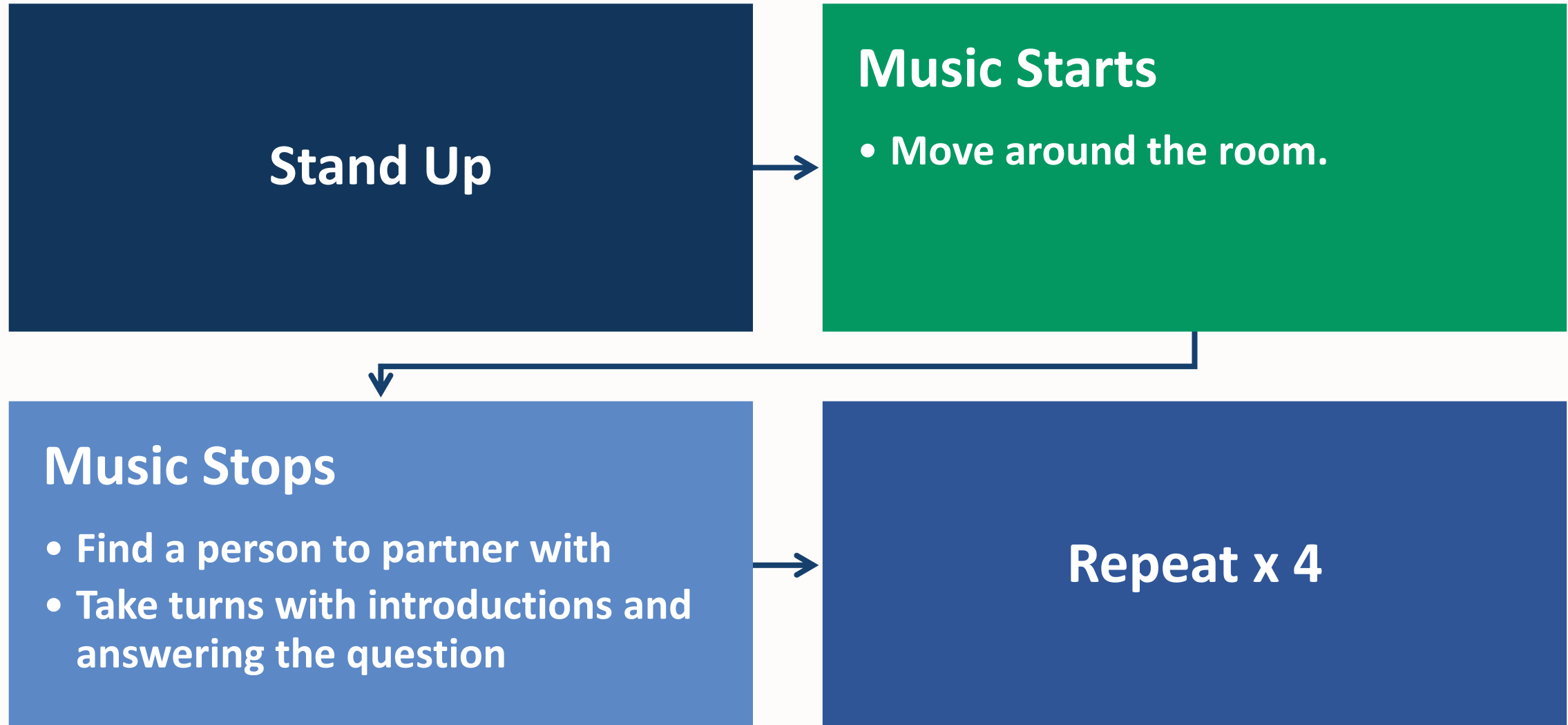
Networking Question #1

What drew you to join us today at the Rural Resilience Innovation Hub Convening?

Networking Question #2

What's one trend in the behavioral health field that you find particularly exciting or concerning?

Networking Question #3

What's a book, podcast, or resource that has influenced your understanding of behavioral health?

Networking Question #4

What's a small change you believe could make a big impact in behavioral health services?

Break Time

The program will resume at 10:57

The Children & Youth Behavioral Health Ecosystem

Welcome to our Presenters

Michael Lombardo, MA

Human Services and Education

Advisor

Jason Willis, MA

Clinical Professor of Public Policy,

McGeorge School of Law

From Silos to System of Supports

Working Paper:
California's Children & Youth Behavioral Health Ecosystem

October 22, 2024

Presented by

Mike Lombardo
Senior Advisor to Human Services and Education Agencies
mlombardo@placercoe.org

Jason Willis
Transformational Change Fellowship Director and Clinical Professor
jwillis1@pacific.edu

Working Paper: California's Children & Youth Behavioral Health Ecosystem

Today's Objectives

1: **Overview** California's Children and Youth Behavioral Health Initiative

2: **Review** California's current system of social emotional and mental health support

3: **Share** ecosystem redesign findings and necessary components

4: **Discuss** recommendations to realize *one integrated ecosystem and how it applies to your ecosystem*

CA's Children and Youth Behavior Health Initiative

Context and Background

← CYBHI

Collective Vision and Shared Values

ALL children and youth, especially those most underserved, have the supports and services they need to learn and thrive

- Support our children and youth – we know they are struggling

- Centering whole child and equity

- Recognition that behavioral health and well-being affect school attendance, learning, and ultimately, student's success

Governor's Master Plan for Kids' Mental Health

Governor Newson Announced Master Plan for Kids' Mental Health August 18, 2022

- $4.7B so every Californian aged 0-25 has greater access to mental health and substance use support

- Whole Child, "All of the Above" Approach

- Multi-year, fundamental overhaul to invest in and build needed system infrastructure

- CYBHI at its core

Other investments and initiatives in California being implemented in coordination and collaboration

- $4.1B on a community schools' strategy to connect kids and families to essential services including health screenings, meals and more, as well as expanded learning opportunities

- $5B on a Medi-Cal CalAIM initiative to better integrate health and behavioral health services for low-income kids and improve child health outcomes, including prevention

- $1.4B to build the healthcare workforce that expands our capacity to meet the health needs of Californians, including children and families

- State budget investments in school-based behavioral health workforce, such as school counselors

What is the CYBHI?

The **Children and Youth Behavioral Health Initiative (CYBHI)** is a historic, five-year, $4.7 billion initiative to reimagine and transform the way California supports children, youth and families.

The initiative is:

- Reimaging a more integrated, youth-centered, equitable, prevention-oriented system
- Promoting mental, emotional and behavioral health and well-being
- Supporting prevention and early intervention while addressing emerging and existing needs
- Increasing access to mental health and substance use services and supports
- Addressing inequities for groups disproportionately impacted by mental health challenges and that face the greatest systemic barriers to wellbeing

Built on a foundation of **equity** and **accessibility**, the CYBHI is designed to **meet young people and families where they are** to create an ecosystem that can help them **when**, **where** and **in the way they need it most**.

CYBHI Workstreams

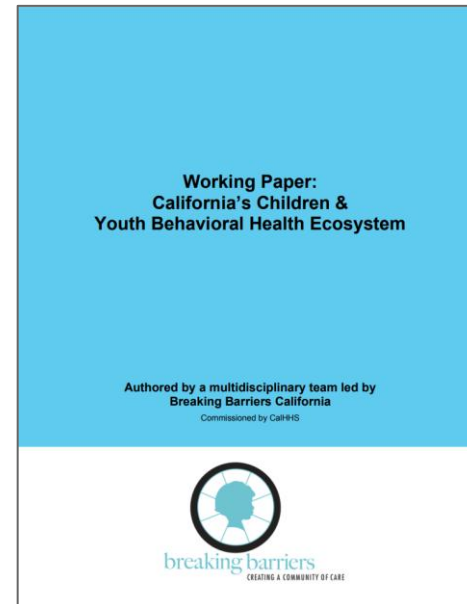| Workforce Training and Capacity		Behavioral Health Ecosystem Infrastructure		Coverage	Public Awareness
Wellness Coach Workforce (HCAI)	Trauma-Informed Educator Training (CA-OSG)	School-Linked Partnership and Capacity Grants (DHCS)	Student Behavioral Health Incentive Program (DHCS)	Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	Public Education and Change Campaigns (CDPH)
Broad Behavioral Health Workforce Capacity (HCAI)	Youth Mental Health Academy (HCAI)	Behavioral Health Continuum Infrastructure Program (DHCS)	Youth Suicide Reporting and Crisis Response Pilots (CDPH)		ACEs and Toxic Stress Awareness Campaign (CA-OSG)
Behavioral Health Virtual Services Platform and Next Generation Digital Supports (DHCS)				Statewide All-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	Targeted Youth Suicide Prevention Grants and Outreach Campaign (CDPH)
Healthcare Provider Training and e-Consult (DHCS)					
Scaling Evidence-Based and Community-Defined Practices (DHCS)					
CalHOPE Student Services (DHCS)					Parent Support Video Series (DHCS)
Mindfulness, Resilience and Well-being Grants (DHCS)					
Youth Peer-to-Peer Support Program (DHCS)					

CA's Current Child Serving System

The Children and Youth Behavioral Health Initiative (CYBHI) is proud to share the findings of our recent working paper

In Sum …

- The CYBHI aims to reimagine mental health and emotional well-being for all children, youth and families in California…

- … by realizing equitable, appropriate, timely and accessible behavioral health services …

- … in close partnership with other State agencies, educators, experts, community partners, and children, youth, and families

The "Working Paper on California's Children and Youth Behavioral Health Ecosystem" discusses the how?

Working Paper: California's Children & Youth Behavioral Health Ecosystem

Authored by a multidisciplinary team led by Breaking Barriers California

Commissioned by CalHHS

breaking barriers
CREATING A COMMUNITY OF CARE

- CalHHS commissioned a working paper to articulate the changes that must be made to achieve CYBHI's vision

- Through extensive research, the writing team found that integrating California's child-serving systems with robust community involvement and a shared vision is key

The paper was informed by diverse sources

Our writing team has diverse work experience and lived experience with the child and youth behavioral health & wellness ecosystem …

Amanda Dickey
Santa Clara COE

Carla Bryant
DIAL Early Ed

Chris Stoner-Mertz
CA Alliance of Child and Family Services

Elizabeth Estes
Breaking Barriers

Hayin Kimner
Community Schools Learning Exchange

Jason Willis
WestEd

Judy Li
UC Berkeley School of Public Health

Ken Berrick
Seneca Center

Lisa Smusz
Social Changery

Lishaun Francis
Children Now

Marni Sandoval
Monterey County Behavioral Health

Mike Lombardo
Placer COE

Richard Knecht
Integrated Human Services Group

With project support and thought-partnership provided by Boston Consulting Group

… and recommendations came from a broad set of inputs

- Youth and family input sessions

- Larger advisory group meetings across youth, caregivers, public and state agencies

- Expert interviews with CA and national experts represented

- Secondary research and literature

Special thanks to every one of the youth, families and leaders for sharing their time and expertise!

Voices of California's youth, parents and child-serving professionals support the need for a reimagined ecosystem

Youth need to be involved in the creation and transformation of systems; we **must bring youth into the design process from the outset.**

–Youth

"**Support all,** not just the child, but also the **parents** because what good is it to just take the child to therapy, if the parents aren't going to therapy…"
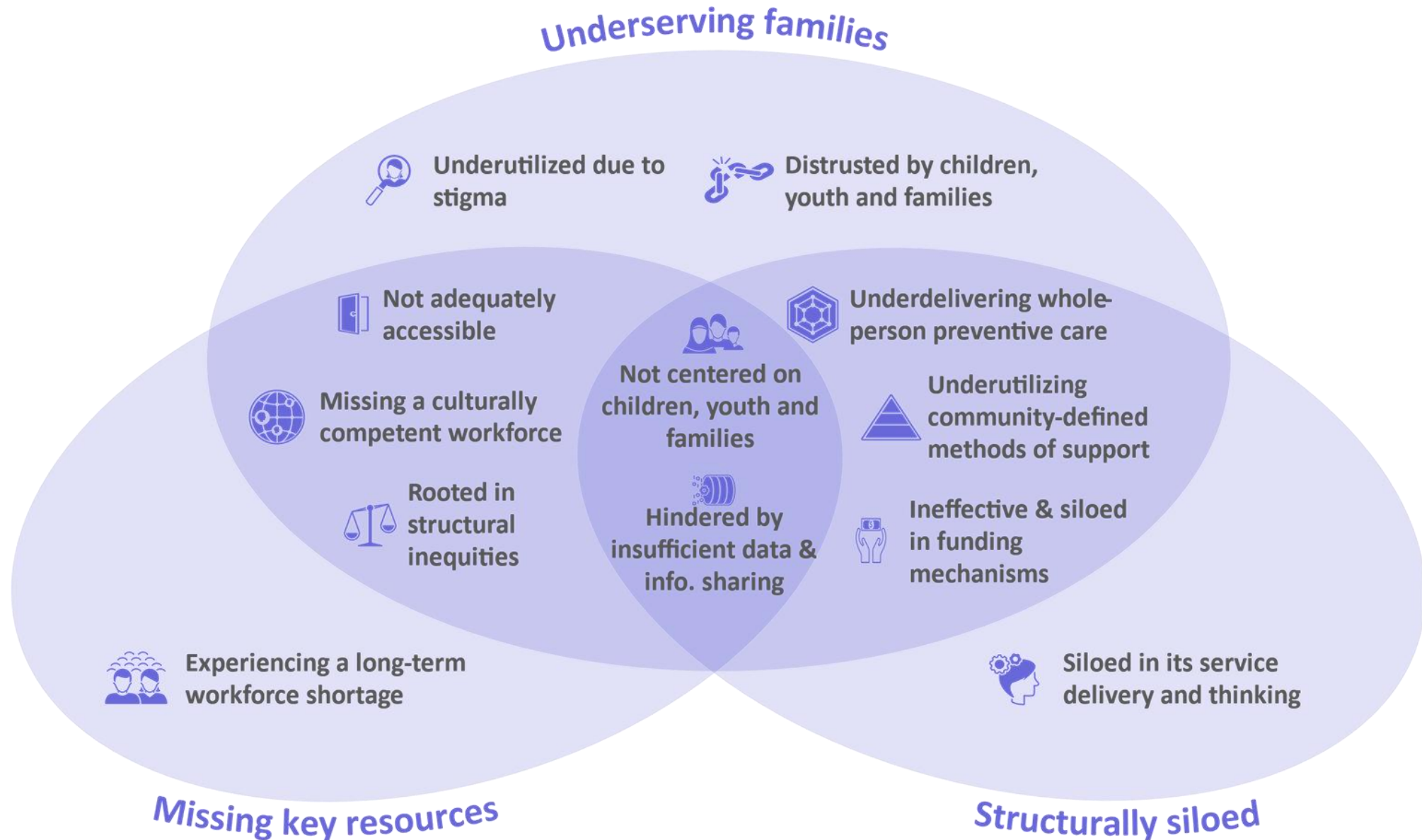
–"Youth at the Center Report" interviewee

Certain communities **lost trust in government** because they have **criminalized communities of color.**

–Education leader

There is a lot of **competition over service delivery**, who gets to do what, and also cost containment. For example, you go to them, but you don't qualify for welfare.

–Behavioral health leader

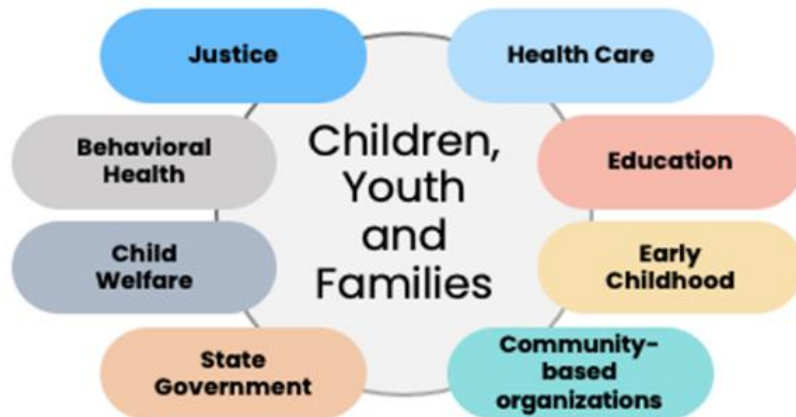# CA's current child/youth behavioral health system is...

Underserving families

Underutilized due to stigma

Distrusted by children, youth and families

Not adequately accessible

Underdelivering whole-person preventive care

Missing a culturally competent workforce

Not centered on children, youth and families

Underutilizing community-defined methods of support

Rooted in structural inequities

Hindered by insufficient data & info. sharing

Ineffective & siloed in funding mechanisms

Experiencing a long-term workforce shortage

Siloed in its service delivery and thinking

Missing key resources

Structurally siloed

Integrative necessary components

What will it take?

Who is involved
Young people, families and those who support them

Justice
Health Care
Behavioral Health
Education
Child Welfare
Early Childhood
State Government
Community-based organizations

Children, Youth and Families

What is required
An Integrated Youth-and Family-Serving System

- Centering children, youth and families
- Larger, culturally responsive and congruent workforce
- Incentives for integrated financing and maximization of state and federal funding
- Training and coaching
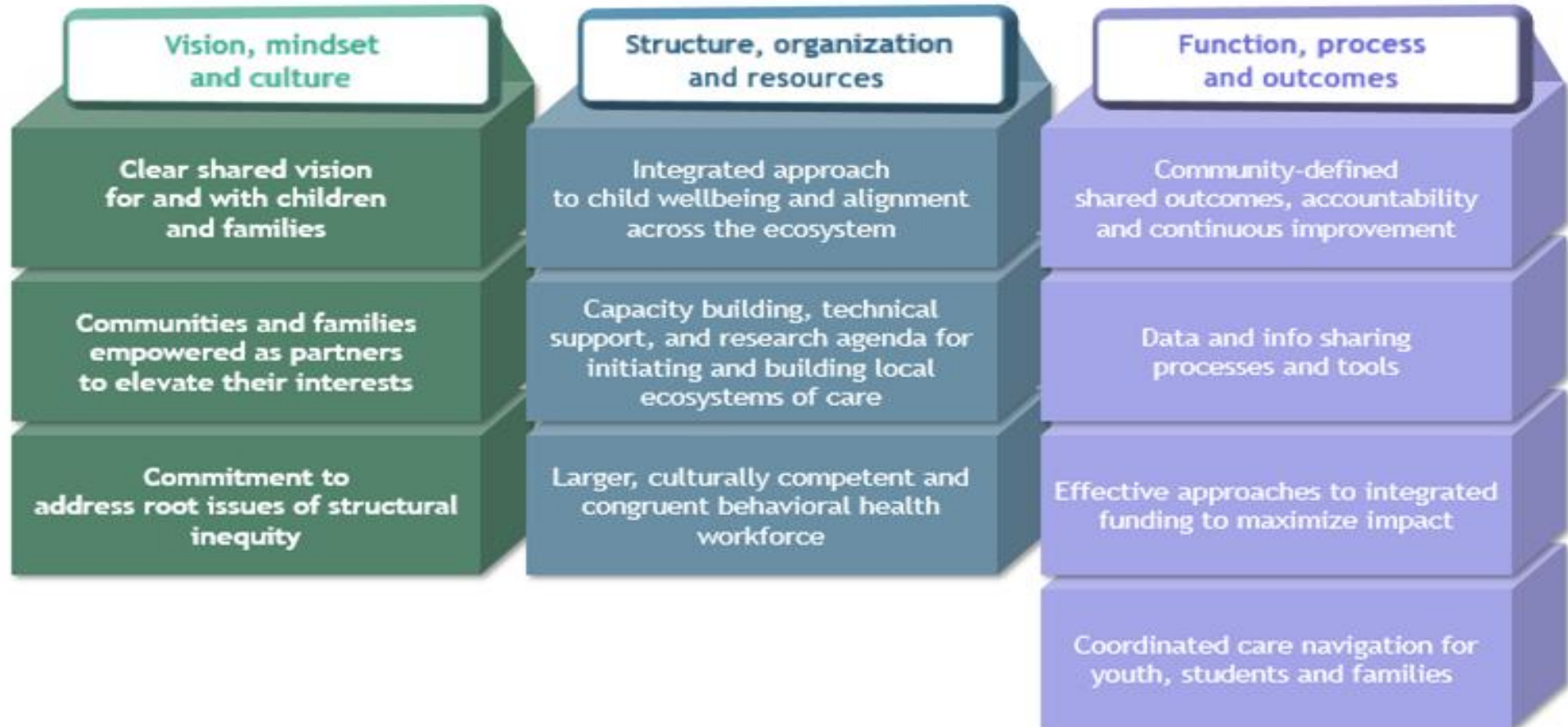
How
Action at every level
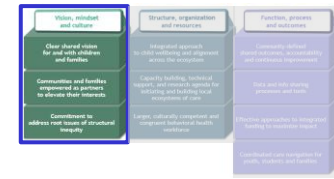
- Site
- Local
- County
- Regional
- State

40

Integrative and Necessary Components of a Redesigned Children's System

Integrative necessary components

Vision, mindset and culture
- Clear shared vision for and with children and families
- Communities and families empowered as partners to elevate their interests
- Commitment to address root issues of structural inequity

Structure, organization and resources
- Integrated approach to child wellbeing and alignment across the ecosystem
- Capacity building, technical support, and research agenda for initiating and building local ecosystems of care
- Larger, culturally competent and congruent behavioral health workforce

Function, process and outcomes
- Community-defined shared outcomes, accountability and continuous improvement
- Data and info sharing processes and tools
- Effective approaches to integrated funding to maximize impact
- Coordinated care navigation for youth, students and families

Vision, mindset and culture

Clear shared vision by, for and with children & families

- Define and implement a clear vision and mission **in partnership with communities and families**

- Transform **organizational culture** to prioritize shared vision

Communities & families empowered as partners to elevate their interests

- Elevate children, youth, families, and communities to **real positions of power for decision-making, program design, and funding**

- Honor and **value the lived expertise** of children, youth, and families

- Elevate **community-defined supports**, including preventive care and methods to overcome stigma

Commitment to address root issues of structural inequity

- Address root causes of inequity and associated inequitable outcomes to proactively **heal distrust**

- Build a behavioral health ecosystem that advances equity and **uplifts all children, youth and families**

Discussion

- Which do you see as the **highest priority** for YOUR work?

- How are you **already working on that priority** to improve services?

- **What additional support** do you need?

Structure, Organization and Resources
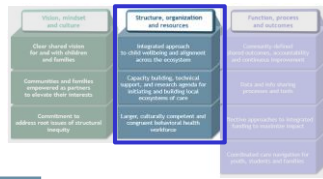
Integrated approach to child wellbeing & alignment across the ecosystem

- **Direct policy, funding & implementation across the ecosystem** to improve child/youth behavioral health in pursuit of **unified outcomes**

- **Unify values, principles & vision** across entire ecosystem, especially for youth with high levels of need, across education, health, developmental services, child welfare, and juvenile justice

- Oversee **interagency policy implementation teams** composed of staff with **formalized coordination responsibilities**, conscious of the complexities created by differences across various systems such as health, education)

- **Build shared understanding** of the role child-serving entities each play in delivering the services children/youth are entitled to, & provide **centralized support to mediate/resolve misalignments**

- **Promote transparency, agility, accountability, & efficacy** through **aligned oversight** & explicit ownership of **shared measurable outcomes**

Structure, Organization and Resources
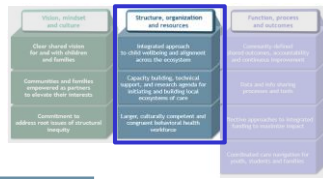
Capacity building, technical support, & research agenda for initiating & building local ecosystems of care

- **Elevate community-defined supports**, including **preventive care** and methods to **overcome stigma**

- **Raise awareness of need** for support, develop resources (e.g., staff & funding), synthesize & coordinate **cross-sector technical assistance**, training, & capacity building to improve **sustainable integration** of services/supports attuned to local contexts

- **Foster innovation** to support and scale community-defined and culturally proficient best practices, **highlighting promising models** and **synthesizing research findings and advocacy** recommendations

Larger, culturally competent & congruent behavioral health workforce

- **Grow the size and diversity** of every part of the behavioral health workforce, in a **data-driven** way, to enable **universal access** to culturally competent and congruent care

- Provide robust, **trauma-informed training and supports** to the entire child-serving workforce, including **support for personal wellbeing**

Discussion

- Which do you see as the **highest priority** for YOUR work?

- How are you **already working on that priority** to improve services?

- **What additional support** do you need?

Function, processes and resources
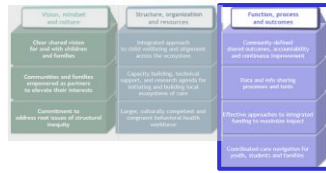
Community-defined shared outcomes, accountability and continuous improvement

- Elevate and **legitimize existing community-led decision-making bodies** with authority to define outcomes that align with shared vision, needs and desires

- Build **joint accountability** across agencies and organizations, transparently measuring success against community-defined outcomes

- Create child, youth and family-centric **feedback loops that drive continuous quality improvement** in service delivery

Data and information-sharing processes and tools

- Establish **a culture of thoughtful data** collection, information sharing and evaluation of child-serving interventions across state and local child-serving entities, clarifying what is allowable

- **Streamline and share data between entities** to support efficient, effective care coordination at local level

Effective approaches to integrated funding to maximize impact

- Support and model optimization of **funding across sources**

- Incentivize and embed cross-agency **collaboration and shared financial resources**

- Develop and support **viable funding models** that sustain effective program delivery

Coordinated care navigation for youth, students and families

- Provide children, youth, and families with **known, easy access points**

- Create **seamless transitions** between various supports as needs evolve

- **Clarify, cooperate, and coordinate** amongst agencies on care responsibilities

Discussion

- Which do you see as the **highest priority** for YOUR work?

- How are you **already working on that priority** to improve services?

- **What additional support** do you need?

Call to collective action

Call to action for the SYSTEM(s)

- Design and implement from a paradigm of **wholeness** and **collective impact**.

- **Enabling principles of collective impact**: a common agenda, mutually-reinforcing activities, continuous communications, shared measurement, and a strong backbone.

- **Lasting systems change through collective implementation** and integration of the Governor's Master Plan for Kids' Mental Health, the CYBHI, Community Schools, Expanded Learning Opportunity Programs, Transitional Kindergarten, CalAIM, and various other very large parallel investments

- Shed individual interests in exchange for **collective ownership, collective action, and collective legacy**;

- Partner to build **trust, take risks and test new approaches** or shift our existing ones.

- Lean IN! **Push mindsets, invite curiosity, suspend judgment** about what has or has not worked, who is responsible, and partnering with our children, youth, families and communities.

Next Steps: Putting a Collective Impact Approach and the 10 Necessary Conditions into Practice

Regional/Local

1. **Identify and build a leadership team** that sets vision and mission, and holds children and families at its core

2. **Conduct a needs assessment** and develop shared goals

3. Initiate actions on **service array and workforce**

4. Put into place **conditions for sustainability** including financing, continuous quality improvement, and data-processes

(Page 32 of Ecosystem Paper)

Call to action: What does this mean for YOU!

- **What are YOUR recommendations for how to realize** One Ecosystem for the children of California?

- **Would you want to be a part** of additional state, regional or local convenings and/or conversations to implement your recommendations?

Question and Answer

Thank you!

Mike Lombardo
Senior Advisor to Human Services
and Education Agencies
mlombardo@placercoe.org

Jason Willis
Transformational Change Fellowship
Director and Clinical Professor
jwillis1@pacific.edu

Questions & Reflections

Reflection Crowdsourcing

Individual

[1-2 min] Reflect individually and note key thoughts and takeaways.

Table

[9 min] Share your reflections with participants at your table and note key themes.

Whole Group

[5 min] Tables to share reflections with whole group.

Group Reflection and Discussion Questions

- What initiatives are you involved with? What initiatives is your community working on?

- What struck you?

- What do you want to learn more about?

- Who is missing in my work? What partners do I need?

- What do these initiatives require at a local level?

Break For Lunch

The program will resume at 12:45 pm

Live Beyond

Campaign from the Office of the Surgeon General on ACEs and Toxic Stress

live beyond

OFFICE OF THE
**CALIFORNIA
SURGEON
GENERAL**

HEALING ISN'T LINEAR

Campaign goals

The *Live Beyond* campaign was created to increase public understanding of Adverse Childhood Experiences (ACEs) and toxic stress and help youth and young adults across California with resources and strategies to manage toxic stress, heal from adversity, and end cycles of trauma. Overall, *Live Beyond* aims to:

1. **Increase awareness and knowledge** about ACEs and toxic stress, and the science behind their potential impacts on people's everyday lives — including physical and mental health and interpersonal relationships, among others.
2. **Influence attitudes** about help-seeking by sharing stories of healing.
3. **Build skills** with accessible tools and resources that provide scientifically proven, culturally relatable, and actionable steps to heal and manage stress.
4. **Inspire action** to overcome the impacts of ACEs and toxic stress, and prevent them from cycling into future generations.

live beyond

OFFICE OF THE CALIFORNIA SURGEON GENERAL

Campaign Website
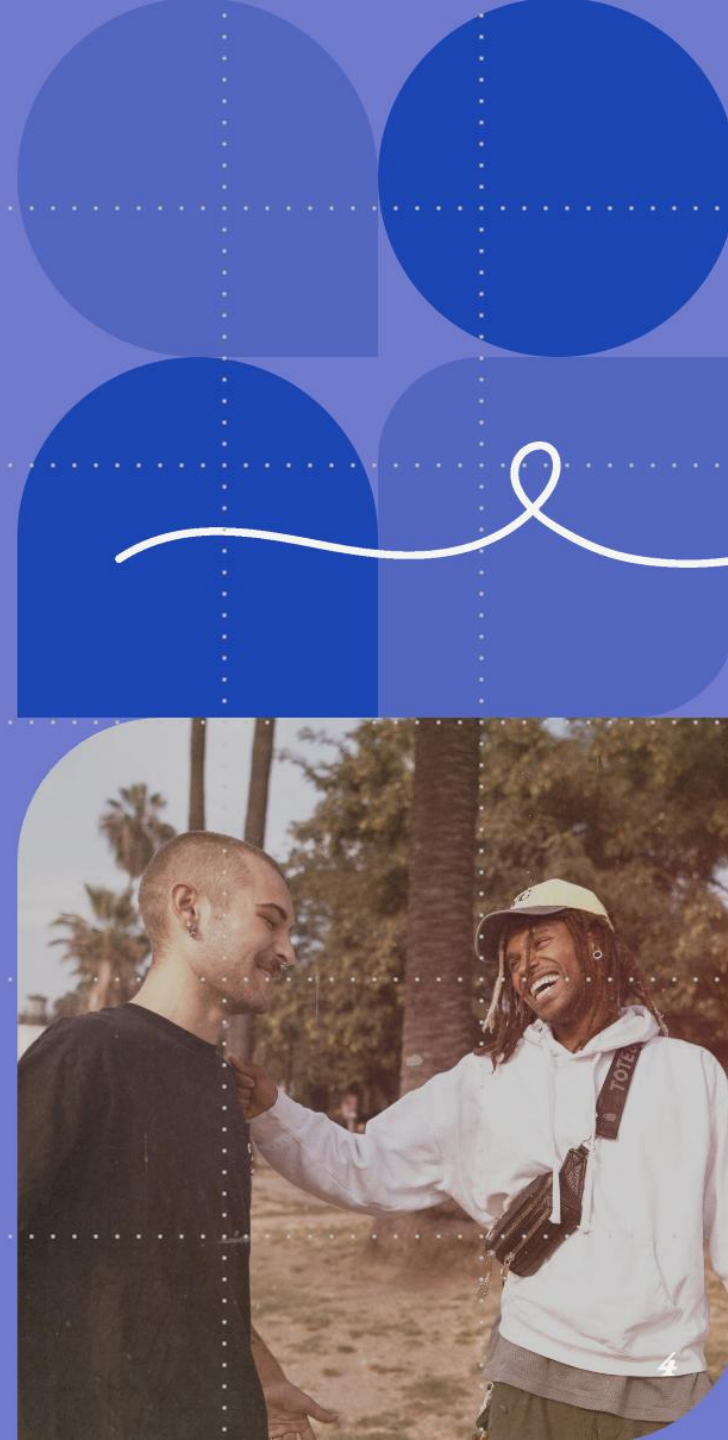
For additional questions or support, please contact the *Live Beyond* team at:

info@livebeyondca.org

healing is not linear

live beyond

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CALIFORNIA
SURGEON
GENERAL

Open Space Technology

Have the conversations you want to have!

Overview of Open Space Technology

Megan Kenney

Population Health Innovation Lab (PHIL)

What is Open Space Technology (OST)?

- Open Space Technology (OST) is a methodology of hosting events and group conversations around a central topic where participants create the agenda themselves.

- The process is designed to be highly participatory, inclusive and collaborative and can be with groups ranging in size from 5 to over 1000.

- Participants are in full control of their experience and the outcome of the session – collectively they create the agenda

How does Open Space Technology work?

- **Set a Conversation Theme**
  - The theme helps to focus discussion and to inspire participation
  - Today's Open Space theme is *leveraging collaboration and *new* funding opportunities to support youth and families in our local communities.*

- **Create the Agenda and Marketplace**
  - Participants are invited to identify topics related to the theme they want to discuss
  - Not everyone needs to put forward a topic
  - The participants that suggest themes are the hosts of the conversations
  - You do **NOT** have to be an expert of the topic – it should be something you want to discuss with others

- **Break into groups by the topics related to the Theme**
  - Participants will choose which topic they are interested in discussing and go the relevant group

- **Follow the OST Roles and Principles**

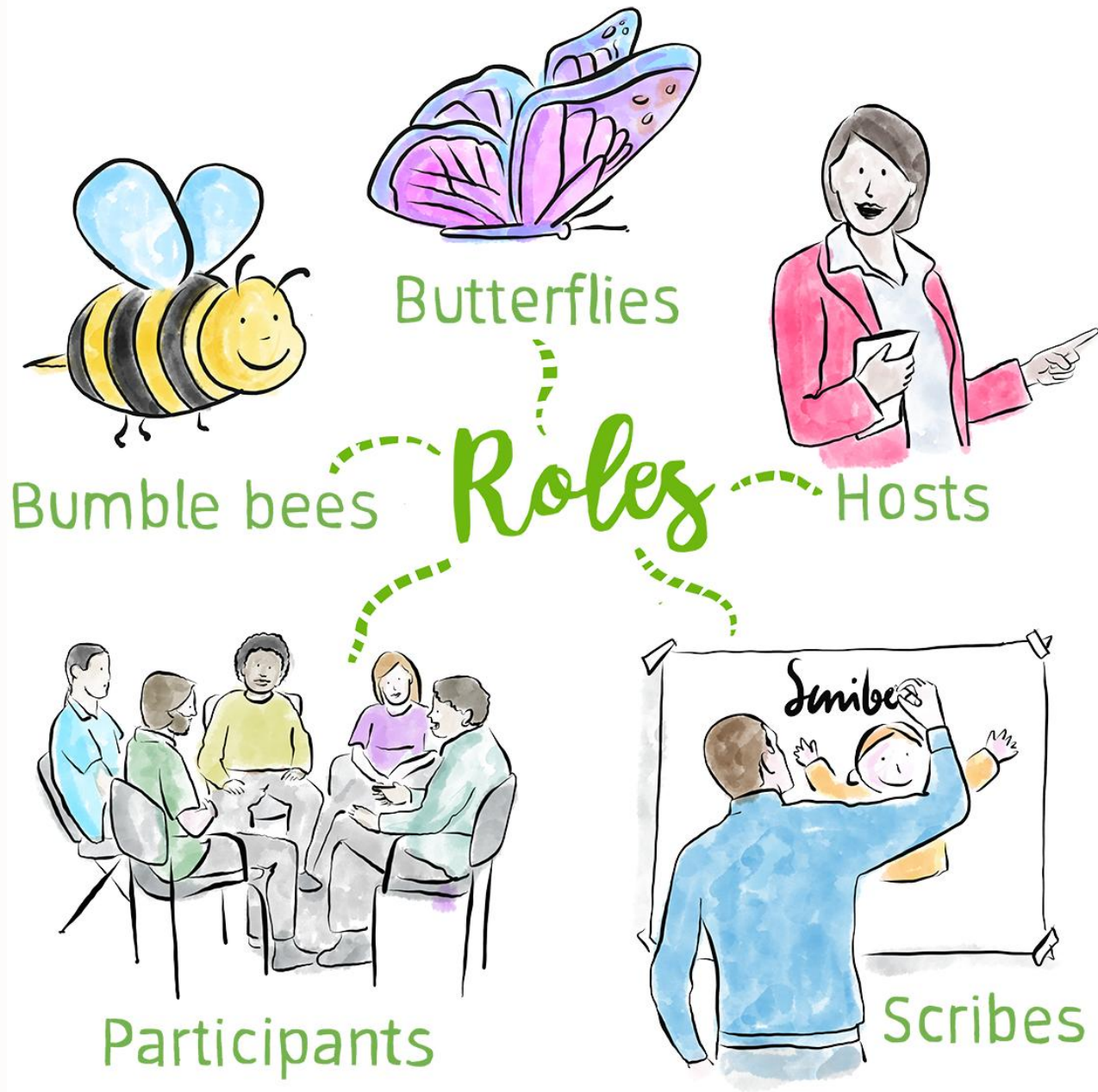4 Principles and 1 Law

4 Principles of Open Space

- Whoever comes are the right people
- Whenever it starts its the right time
- Whatever happens is the only thing that could have
- When its over its over
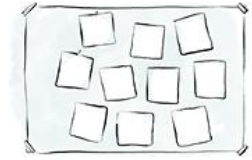
The Law of Two Feet

IF AT ANY TIME YOU FIND YOURSELF IN ANY SITUATION WHERE YOU ARE NEITHER LEARNING NOR CONTRIBUTING, USE YOUR TWO FEET.

Open Space Roles

- The host is always the person that proposed the topic of discussion and does not change during a round of conversation.

- You can play one role or in some cases, start in one role and switch to another!

Open Space Harvest

Share highlights and learnings from your conversations

Exploring the Ecosystem of Care: Harnessing Opportunities to Address Trauma and Build Resilience in our Local Communities

Exploring the Ecosystem of Care

ACEs Aware + Safe Spaces

- **Rachel Gilgoff, MD** *Advisor to ACEs Aware*

CalAIM: Medi-Cal Transformation

- **Amanda Smith, MPH** *Partnership HealthPlan*

- **Tim Sharp** *Partnership HealthPlan*

- **Tammy Chandler, MPH, MBA** *PHIL*

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California Community Schools Partnership Program

- **Rosemary Mitchell, EdD, MSW** *North Star Center Shasta County Office of Education*

Children and Youth Behavioral Health Initiative (CYBHI)

- **Jason Willis, MA** *University of the Pacific*

- **Michael Lombardo, MA** *Human Services and Education Advisor*

Break Time

The program will resume at 2:30 pm

Reflection & Action Planning

Reflect and discuss with your table and/or team:

1) What is on your heart right now?

2) What's one key thing that you're going to do as a result of your time here today?

3) What do you need to be successful?

Harvest

1) What is on your heart right now?

2) What's one key thing that you're going to do as a result of your time here today?

3) What do you need to be successful?

Wrap Up: Thank you for joining us today!

- Event materials, resources, and information will be shared via email in the coming week.

- We hope you will stay in touch:
  - Sign-up for the NAC Newsletter
  - Follow us on Facebook and Instagram
  - Become a NAC Champion and invite your friends and colleagues
  - Join future NAC Champion Meetings

- Please take a few minutes to complete our event evaluation.

Share your feedback!

Please take a few minutes to complete our event evaluation survey. We thank you for your feedback.

Evaluation Survey

Thank You!