

Promising Practices

Adult ACE Screenings: Expanded ACE screening from children to adults to cover the entire lifespan. All patients who are screened are provided with education on ACEs and stress reduction. Integrated CHW into medical department and created workflow for referral/scan handoff following the screening.

Stress Resilience Series: Program offered to the Tribal Community Members at Grindstone Indian Rancheria. Provided education and resources to mitigate the effects of toxic stress in both children and adults. Simultaneously worked to build resiliency in children to provide them with healthy coping mechanisms.



Population Health Innovation Lab

a program of the Public Health Institute

The Population Health Innovation Lab (PHIL) creates opportunities to experiment, share learning, and lead lasting change.

OUR APPROACH

Community change work is hard, often isolating, and deeply complex. PHIL equips communities and change makers to navigate those challenges, catalyze equity-centered solutions, and strengthen systems that support lasting well-being. Since 2015, we have partnered with communities, governments, and organizations to co-create scalable solutions that address the root causes of public health challenges.

Innovate. Measure. Scale.

We test bold ideas, measure impact, and scale what works. Our adaptive, community-centered model is driven by core values:

- ▶ **Community-Centered Co-Creation:** Our work is rooted in trust, shared power, and the belief that communities are experts in their own experience.
- ▶ **Shared Learning:** We cultivate curiosity, deep listening, and ongoing reflection—adapting strategies through evidence-informed practices and local insights.
- ▶ **Experimentation:** Using iterative learning cycles, we assess what works, for whom, and under what conditions.
- ▶ **Equity, Access & Social Justice:** Addressing social & economic drivers of well-being.

WHAT WE DO

- Collaborative Partnership Development and Support
- Learning Collaborative and Community of Practice Design and Support
- Meeting Design and Facilitation
- Research and Evaluation
- Training and Technical Assistance

PHIL AT WORK

TRAINING

Equipping partners to drive measurable health improvements.

PHIL offers **dynamic, customizable training**—virtually or in-person—to strengthen collaborative partnerships. Our sessions combine evidence-based strategies with hands-on tools to ensure real-world impact.

PHIL designed the [Powering Change: Building Healthier Equitable Communities Curriculum](#) to strengthen the development and operations of collaborative partnerships. The curriculum provides a structured yet flexible learning journey, equipping partners with essential tools and best practices for sustainable success. Training formats include live workshops, virtual sessions, and interactive learning experiences to ensure practical application.

TECHNICAL ASSISTANCE

Guiding partners from ideation to implementation.

From 2016 to 2019, PHIL supported nine **California Accountable Communities for Health (ACHs) through the CACHI Accelerator**, using a Learning Lab model to build capacity and foster innovation. Sites leveraged assessments, coaching, and convenings to reduce health disparities in diverse communities. The structured approach included baseline assessments, site-specific strategies, one-on-one coaching, and ongoing peer learning—empowering ACHs to navigate challenges and drive lasting change.

RESEARCH

Data-driven insights for actionable change.

[Aligning Systems for Health with ACHs:](#) PHIL conducted in-depth research from March to August 2021 as part of the **Aligning Systems for Health (AS4H) initiative**. PHIL examined how ACHs in California and Washington navigate local contexts, power dynamics, and equity to drive cross-sector alignment and improve health outcomes. Through in-depth analysis with six ACHs, the research identified key influences—public health emergencies, systemic racism, and tribal engagement—offering actionable recommendations to strengthen collaboration, sustain ACH efforts, and advance health equity.

Why Partner With PHIL?

- ▶ **Proven Impact:** 10+ years of advancing health equity through partnerships.
- ▶ **Adaptive Solutions:** Tools and strategies tailored to community needs.
- ▶ **Scalable Models:** Replicable frameworks tested in urban, rural, and tribal contexts.



Learn More
pophealthinnovationlab.org



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