

Population Health Innovation Lab (PHIL) a program of the Public Health Institute

The Population Health Innovation Lab catalyzes and accelerates community efforts to enhance equity, well-being, and systems through innovative training, research, and technical assistance.

OUR APPROACH

PHIL accelerates efforts to improve population health and equity by combining **startup agility** with **evidence-based strategies**. Since 2015, we've partnered with communities, governments, and organizations to co-create scalable solutions that address root causes of public health challenges.

Innovate. Measure. Scale.

We test bold ideas, measure impact, and scale what works. Our adaptive, communitycentered model focuses on:

- Systems Change: Addressing health inequities at their source.
- Collaboration: Building partnerships across sectors and geographies.
- Sustainability: Ensuring solutions are rooted in local context and capacity.

WHAT WE DO

- Collaborative Partnership Development and Support
- Learning Collaborative and Community of Practice Design and Support
- Meeting Design and Facilitation
- Research and Evaluation
- Training and Technical Assistance



PHIL AT WORK

J TRAINING

Equipping partners to drive measurable health improvements.

PHIL offers **dynamic**, **customizable training**—virtually or in-person—to strengthen collaborative partnerships. Our sessions combine evidence-based strategies with hands-on tools to ensure real-world impact.

PHIL designed the <u>Powering Change</u>: <u>Building Healthier Equitable Communities</u>

<u>Curriculum</u> to strengthen the development and operations of collaborative partnerships. The curriculum provides a structured yet flexible learning journey, equipping partners with essential tools and best practices for sustainable success. Training formats include live workshops, virtual sessions, and interactive learning experiences to ensure practical application.

TECHNICAL ASSISTANCE

Guiding partners from ideation to implementation.

From 2016 to 2019, PHIL supported nine California Acountable Communities for Health (ACHs) through the CACHI Accelerator, using a Learning Lab model to build capacity and foster innovation. Sites leveraged assessments, coaching, and convenings to reduce health disparities in diverse communities. The structured approach included baseline assessments, site-specific strategies, one-on-one coaching, and ongoing peer learning empowering ACHs to navigate challenges and drive lasting change.

RESEARCH

Data-driven insights for actionable change.

Aligning Systems for Health with ACHs:

PHIL conducted in-depth research from March to August 2021 as part of the **Aligning Systems for Health (AS4H) initiative**. PHIL examined how ACHs in California and Washington navigate local contexts, power dynamics, and equity to drive cross-sector alignment and improve health outcomes. Through in-depth analysis with six ACHs, the research identified key influences—public health emergencies, systemic racism, and tribal engagement offering actionable recommendations to strengthen collaboration, sustain ACH efforts, and advance health equity.

Why Partner With PHIL?

- Proven Impact: 9+ years of advancing health equity through partnerships.
- Adaptive Solutions: Tools and strategies tailored to community needs.
- Scalable Models: Replicable frameworks tested in urban, rural, and tribal contexts.



Learn More pophealthinnovationlab.org





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