

## **NAC Steering Committee Meeting Minutes**

**Wednesday, August 17, 2022**

### **Participants:**

1. Heidi Mendenhall (First 5 Tehama)
2. Wendy Dickens (First 5 Shasta)
3. Shelly Ohlms (Glenn County, Community Action)
4. Jennifer Moniz (Empower Tehama)
5. Kathryn Stewart (PHIL)
6. Sue Grinnell (PHIL)

- **Call to order by the committee chair**
- **Review and approval of previous meeting minutes:** Passed and seconded
- **Committee reports**
  - **Results and Outcomes:** This committee focused on data and has been inactive. Potential to be reengaged as there is progress on the update to the Regional assessment.
  - **Cycles of Learning:**
    - A group met to discuss next steps for the NAC Training Plan. Two slide decks will be put together with training content related to (1) ACEs and (2) domestic violence. The slide decks will include detailed instructions on how to present the trainings and information on additional training resources.
    - Given many NAC members have training materials related to ACEs and domestic violence, a crowdsourcing approach will be taken to gather different slide decks and other training resources. A google folder was created to gather these resources.
      - **Action Item:** An email will be sent out to the full NAC Partner List to request training slide decks and other resources. The email will include a description of the Training Plan intention, clear articulation of the types of resources being requested, and a link to the google folder where resources can be shared. (Wendy / PHIL)
  - **Focus and Communication:**
    - The NAC Newsletter is on hiatus until PHIL is able to hire additional staff to support the newsletter. PHIL's Communications Specialist will meet with the Steering Committee to discuss a refresh to the NAC Newsletter. This will include changing the frequency from weekly to monthly, establishing clear criteria for the types of resources shared, and the development of a strategy to highlight the work of NAC Partners.
    - The NAC Website is transitioning hosting to be incorporated into the larger PHIL website. No content will be lost and the PHIL Communications Specialist will work with the Steering Committee to

update content. A new page will be added to the NAC section of the website and serve as a Resource Center where resources, meeting minutes, and other materials can live and be accessed by NAC partners. In addition, a password protected page may be created to house certain resources.

- **Action Item:** Create Resource Center page on the NAC website and upload past meeting minutes and other materials. (PHIL)

- **Old Business**

- **Regional Assessment Update:**

- Andy Krackov is providing TA related to data for the Blue Shield of California Foundation's Leveraging Collaboration to End Domestic Violence cohort and has been working with NAC to support the update to the regional assessment. Andy provided discussion questions for the group related to the graphic and desired data to include.
- The overall goal for the updated regional assessment is to use the data in community wide advocacy as well as to get a better understanding of where NAC is as a region in California.
- There needs to be additional discussion on how the information compiled in the regional assessment is pushed out to the communities.
- The Steering Committee discussed each data point included in the graphic that Andy developed to decide what was important to keep and what could be taken out:
- Right Side: Health Conditions
  - Keep: Asthma Rates & Community Costs, change Heart Disease Rates & Community Costs to Blood Pressure, Alzheimer's, Suicide, Diabetes Rates & Community Costs, Cancer Rates & Community Costs
  - Remove: Stroke, Depression (but keep Suicide), Obesity, COPD
- Left Side: Adverse Experiences
  - Keep: Poverty, Housing Cost Burden /Crowded Housing, Mental Health, Domestic Violence, Bias-Related Bullying/Hate Crimes, Emotional, Sexual, and Other Forms of Child Abuse,
  - Remove: Food Insecurity, One-Parent Households, Foster Care Involvement
  - Questions:
    - Mental Health: Is this exposure to in the home or is it the child has a mental health diagnosis? What data is being used here?
    - Drinking & Drugs: What data point is being used here? Is it addiction, criminal charges, people seeking treatment, etc.?
    - Bias-Related Bullying/Hate Crimes: What is the data for this? Could this come from the office education?
    - Crime and Community Safety: What is the data that would be used by this?
- **Action Item:** Follow up with Andy Krackov to answer data related questions and share the updated list of desired data points. (PHIL)

- **Inviting Blue Shield to attend Steering Committee and/or Partner meeting:**

- Blue Shield of California Foundation (BSCF) will be going in a new direction with their Domestic Violence portfolio where there may be opportunity to request additional funding to support NAC. The

- The NAC Steering Committee expressed interest in having someone from BSCF come and talk to the group about their priorities and focus. There was concern that our focus on ACEs may not be fitting with what BSCF is wanting to focus on.
  - PHIL had their regular quarterly meeting with BSCF and shared the interest to have someone from BSCF join a Steering Committee meeting. There was much enthusiasm for the opportunity to join a future Steering Committee Meeting.
  - **Action Item:** Extend invitation to BSCF to join September Steering Committee meeting once the date is set. (PHIL)
- **New Business**
  - **Adjourn**