



NAC Partner Meeting Minutes

Thursday, January 27, 2022 – 1:30-3:30 pm PT

Participants:

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| <ol style="list-style-type: none"> 1. Sandra Azevedo (Butte County Office of Education) 2. Emely Arienza (Anthem Blue Cross) 3. Jamie Umble (Hope Multiplied) 4. Karen Clemmer (PACEs Connection) 5. Wendy Dickens (First 5 Shasta) 6. Heidi Mendenhall (First 5 Tehama) 7. Christine Zoppi (Glenn County Office of Education) 8. Steve Hiscock (Trinity County Office of Education) | <ol style="list-style-type: none"> 9. Caedy Minoletti (One SAFE Place) 10. Alicia Baughman (Westside Domestic Violence Services) 11. Tammy South (Westside Domestic Violence Services) 12. Erin Morrissey (North Valley Community Foundation) 13. Dr. Aleese Moore-Orbih (CA Partnership to End Domestic Violence) 14. Teresa Curiel (Tehama County Department of Social Services) 15. Shanthal Ferreyra (PHIL) 16. Kathryn Stewart (PHIL) 17. Sue Grinnell (PHIL) |
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Topic	Notes
Welcome & Check-In	<ul style="list-style-type: none"> • Reflection Question: What are you most excited about to work on in 2022?
<p>NAC Refresh</p> <ol style="list-style-type: none"> a. New backbone lead and role of PHIL b. Overview c. Survey and announcements 	<ol style="list-style-type: none"> a. New backbone lead and role of PHIL The Population Health Innovation Lab (PHIL), a program of the Public Health Institute (PHI), serves as the backbone for NAC. b. Overview <ul style="list-style-type: none"> - NAC member counties include Butte, Colusa, Glenn, Shasta, Tehama, and Trinity - Grant from Blue Shield of California Foundation <ul style="list-style-type: none"> o Leveraging Collaboration to end Domestic Violence (LCDV): implementing self-healing communities’ framework in NAC - Purpose: to support the work of NAC to add new multisector partnerships and implement the self-healing community’s framework as a regional systems change strategy to prevent and address domestic violence and ACEs in the far North region - NAC Strategic Framework: Four focus areas <ul style="list-style-type: none"> o Leadership o Focus & Communication o Cycles of Learning o Results & Outcomes c. Survey & Announcements <ul style="list-style-type: none"> - NAC Partner Survey – we want to hear from you! Survey will be sent out soon - Updated NAC Operating Guidelines & Welcome Packet under development - Invites for 2022 NAC Partner Meetings will be coming soon.

<p>PACEs Connection</p> <ul style="list-style-type: none"> a. Overview b. Opportunities for NAC 	<ul style="list-style-type: none"> a. Overview <ul style="list-style-type: none"> - Website: https://www.pacesconnection.com/ - PACEs: positive and adverse childhood experiences; 7 metrics around PACEs that demonstrated a positive dose effect - Accelerating the PACEs movement by supporting communities - Community Resilience Tracker: modified specifically for a community <ul style="list-style-type: none"> o Data collected through a Google form survey that auto-populates, possible through partner communication and relationships b. How PACEs Connection could be used by NAC members <ul style="list-style-type: none"> - Access to resources at no cost <ul style="list-style-type: none"> o Community page, diversity, equity, and inclusion, opportunities to find trauma aware efforts - Anyone can share events on the PACEs Connection calendar and can also be shared in the newsletter
<p>Summit Recap</p> <ul style="list-style-type: none"> a. Poll 	<ul style="list-style-type: none"> a. Poll <ul style="list-style-type: none"> - Majority voted for a 2022 Rural ACEs Summit - Topic areas from post survey feedback presented <ul style="list-style-type: none"> o Both ACEs and Racism and ACEs and Race were mentioned as important topics for future summit - 2021 Rural ACEs Summit Highlights <ul style="list-style-type: none"> o Summit Artifact Link: Download Artifact PDF
<p>NAC Social Media Toolkit</p>	<ul style="list-style-type: none"> - Goals: <ul style="list-style-type: none"> o Common messaging/language in the region o Support smaller communities where they do not have to start from scratch o Bring more awareness to NAC, ACEs, and Domestic Violence - Next Steps: <ul style="list-style-type: none"> o Identify key messages, hashtags, images that align with the hashtags and framing language o Collect materials/resources from partners o Tag partners' social media - Breakout Room Notes: Google Doc Link
<p>Spotlight: Butte County - North Valley Community Foundation, Thrive</p> <ul style="list-style-type: none"> a. Training opportunities and new projects b. 2021 Achievements 	<ul style="list-style-type: none"> a. Training opportunities and new projects <ul style="list-style-type: none"> - Thrive: an umbrella initiative that responds to the needs of the community by delivering effective healing initiatives that bring help and hope to those that are suffering. Possible through collaboration with partners and those in the community. - Focus Areas: hoping to support workforce development across <ul style="list-style-type: none"> o Youth mental health and suicide prevention o Youth substance use and child abuse o Neglect and family violence b. 2021 Achievements <ul style="list-style-type: none"> - Children's Resilience Initiative: online 5 module series accessible for anyone working with children <ul style="list-style-type: none"> o Overview of toxic stress and impacts it has on developing brains and practical tools for regulating that toxic stress - ACE Interface Master Training Program: <ul style="list-style-type: none"> o Self-healing communities model designed for rapid dissemination of ACEs and provide resilience science to communities o Steps in 2022: partner with organizations and agencies to develop trainings specific to them; bring awareness to ACEs and biology science around ACEs a. Community Resilience Model Training

	<ul style="list-style-type: none"> ○ Follows up on the ACE Interface Master Training program, more science, and practical tools ○ Shifting the focus area and doing more outreach: indigenous and historically and locally underserved communities ○ Secondary trauma and support for educators and first responders ○ Incorporating forest therapy - Community Assessment and Response Team (CARE) Team <ul style="list-style-type: none"> ○ Responding to suicides; highly trained community healers working with young people to provide support to young people and families at three different levels: experiencing suicidal ideation, attempted suicide, takes life by suicide ○ Not a crisis hotline but anyone can activate the CARE Team line, leave a message with your name, contact number and info 530-783-CARE(2273)
<p>NAC Partner Updates</p> <ul style="list-style-type: none"> a. Tell us what is happening in your county/agency as it relates to ACEs, Domestic Violence, and Trauma b. New Partners? 	<ul style="list-style-type: none"> a. Tell us what is happening in your county/agency as it relates to ACEs, Domestic Violence, and Trauma - Stress Buster Toolkit (Heidi Mendenhall): ACEs and Resilience; covers can be changed, cite ACEs Aware <ul style="list-style-type: none"> ○ Download PDF: Stress Buster Toolkit ○ Holding a Stress Buster Café for cross sector folks to come together and learn what each other does - Domestic Violence Core Education <ul style="list-style-type: none"> ○ Alicia interested in sharing in the future b. New Partners?
<p>Steering Committee Updates</p>	<ul style="list-style-type: none"> a. New members - Welcome Heidi and Erin to the Steering Committee! b. Leadership transition
<p>Adjournment</p>	